

St. Mary's Primary Dilwyn RSHE CURRICULUM

	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
	September	October	November	December	January	February	March	April	May	June	July	
Bible Quote and Values	"I am the Lord. The God of all people. Nothing is too difficult for me." Jeremiah 32:27 Be Determined	"Every good and perfect gift is from above." James 1:17 Be Generous	"Be joyful in hope, patient in affliction, faithful in prayer." Roman 12:12 Be Patient	But the angel said to them, "Do not be afraid. I bring you good news that will cause great joy for all the people." Luke 2:10 Be Joyful	"Therefore, if anyone is in Christ, the new creation has come: the old is gone, the new is here." Corinthians 5:17 Be Curious	"God is love. Whoever lives in love lives in God, and God in him." Ephesians 4:2 Be Loving	"Be good, lend, and expect nothing in return and your reward will be great." Luke 6:35 Be Kind	"Whoever wants to be first must be last of all and servant of all." Mark 9:35 Be Humble	"Blessed are the peacemakers, for they shall be called sons of God." Matthew 5:9 Be Peaceful	"Let your yes be yes and your non be non so that you may not fall under condemnation." James 5:12 Be Honest	Bear with one another and, if anyone has complaint against another, forgive each other; just as the lord has forgiven you so you also must forgive." Colossians 3:13 Be Forgiving	
YR	Friends		Families		Being healthy (food and drink)		Being healthy (exercise and sleep)		Staying safe		Staying safe	
Y1/2	What is the same and different about us?		Who is special to us?		What helps us stay healthy?		What can we do with money?		Who helps to keep us safe?		How can we look after each other and the world?	
Y1/2	What makes a good friend?		What is bullying?		What jobs do people do?		What helps us to stay safe?		What helps us grow and stay healthy?		How do we recognise our feelings?	
Y3/4	How can we be a good friend?		What keeps us safe?		What are families like?		What makes a community?		Why should we eat well and look after our teeth?		Why should we keep active and sleep well?	
Y3/4	What strengths, skills and interests do we have?		How do we treat each other with respect?		How can we manage our feelings?		How will we grow and change?		How can our choices make a difference to others and the environment?		How can we manage risk in different places?	
Y5/6	What makes up a person's identity?		What decisions can people make with money?		How can we help in an accident or emergency?		How can friends communicate safely?		How can drugs common to everyday life affect health?		What jobs would we like?	
Y5/6	How can we keep healthy as we grow?				How can the media influence people?				What will change as we become more independent? How do friendships change as we grow?			

Red-Relationships

Green- Health and Wellbeing

Blue-Living in the Wider World

Our content is based around the Programme of Study from the PHSE Association. All areas will be covered by the end of key stage 2 although the order may be changed.