

# Weekly Menu Selection 1 (Autumn)

13-17 November, 4-8 December 2023

Name

Year

Week 1	Monday	✓	Tuesday	✓	Wednesday	✓	Thursday	✓	Friday	✓
<i>Meat Choice</i>	Cottage pie with seasonal vegetables		Sausage and mash with seasonal vegetables		Roast pork, roast potatoes and seasonal vegetables		Spaghetti bolognese with seasonal vegetables		Fish fingers with chips and garden peas.	
<i>Vegetarian Choice</i>	Tomato and fresh basil bake		Quorn chilli with brown rice		Veggie plant (vegan) balls with tomato sauce and spaghetti		Jacket potato with cheese or beans		Quorn sausage with chips and peas	
<i>Dessert</i>	Carrot cake		Fruit jelly and icecream		Fruity flapjack		Chocolate and vanilla shortbread		Lemon drizzle cake	
<i>Available Daily</i>	Homemade fresh bread		Homemade fresh bread		Homemade fresh bread		Homemade fresh bread		Homemade fresh bread	

Food freshly prepared daily using no processed products.

Please list special dietary needs/allergies.

# Weekly Menu Selection 2 (Autumn)

20-24 November, 11-15 December 2023

Name

Year

Week2	Monday	✓	Tuesday	✓	Wednesday	✓	Thursday	✓	Friday	✓
<i>Meat Choice</i>	Sausage pasta bake with seasonal vegetables		Beef casserole with mashed potato and seasonal vegetables		Roast chicken , roast potatoes and seasonal vegetables		Homemade Pizza day with jacket wedges		Salmon fish cakes chips and peas	
<i>Vegetarian Choice</i>	Vegetable Dhansack with rice		Jacket potato with cheese, beans and salad		Chickpea fritters with new potatoes and vegetables		Vegetable nuggets with jacket wedges		Cheese and bean wrap with chips and peas	
<i>Dessert</i>	Eves Pudding with custard		Yogurt bar with fruit		Fruit flapjack		Berry crumble traybake		Chocolate crunch with raisins	
<i>Available Daily</i>	Homemade fresh bread		Homemade fresh bread		Homemade fresh bread		Homemade fresh bread		Homemade fresh bread	

# Weekly Menu Selection 3 (Autumn)

6-10 November, 27-1 December, 18-22 December 2023

Name

Year

Week3	Monday	✓	Tuesday	✓	Wednesday	✓	Thursday	✓	Friday	✓
<i>Meat Choice</i>	Beef lasagne with seasonal vegetables		Homemade beef burger in a bun with herbie potatoes and baked beans		Roast beef with roast potatoes and seasonal vegetables		Homemade chicken pie with potatoes and seasonal vegetables		Battered cod, chips and garden peas	
<i>Vegetarian Choice</i>	Vegan sausage and mash with seasonal vegetables		Beany quesadillas with herbie potatoes and corn		Spinach and lentil roast with roast potatoes and seasonal vegetables		Cheesy pasta bake with seasonal vegetables		Veggie burger in a bun with chips and garden peas	
<i>Dessert</i>	Ginger cake		Seasonal fruit with cream		Cranberry shortbread		Sticky toffee pudding with custard		Oat & apricot cookie	
<i>Available Daily</i>	Homemade fresh bread		Homemade fresh bread		Homemade fresh bread		Homemade fresh bread		Homemade fresh bread	